

I understand that I am not required to sign this agreement in order to receive treatment. I also understand that I may terminate this authorization at any time.

Furthermore, I understand that Triva A. Ponder makes available to me the following free means of communication that are designed to be secure and to maintain confidentiality, and I still choose to request and authorize the above-named non-secure means:

Telephone: [310 993 Talk \(8255\)](tel:310993TALK) Dedicated client line passcode protected.

Email: [Hushmail](#) is a platform for HIPAA compliant email. I send you an encrypted message that you will read on a secure web page. If you sign up for a Hushmail account (free), then you can also send me secure emails at: TrivaPonderMFT102289@InnerFreedomConsulting.com

Texting Apps for Smart Phones: [OhMD](#) is a platform for HIPAA compliant, secure text messaging. This service can be used on a computer or smartphone. I send you an invitation. You install an application on your smart phone.

Website: Using the secure contact page on my website. Messages are HIPAA compliant and encrypted. www.InnerFreedomConsulting.com

Video Conferencing / Telehealth: [Doxy](#) is a HIPAA compliant, secure online Telehealth, video conferencing platform. After scheduling an appointment, I send you a secure email link. At the time of your appointment, clicking on the link takes you to my virtual waiting room, where you are prompted to enter your name. This lets me know you have arrived. I join in at our scheduled time.

Signature of Client

Date